

Therapeutic Dungeons and Dragons Group



The group is offered to adolescents aged 14-18. 10- week group starting 4/6/23 Registration deadline 3/30/23 Virtual Group Thursdays from 5:00 pm to 6:30 pm.

What is Therapeutic D&D?

Group members will play Dungeons and Dragons guided by a certified therapist to build social and emotional skills. Each group member will create a character based around their personal therapy goals and utilize that character to experience and process therapeutic encounters.



- Self-confidence
- Social Skills
- Explore Identity



- Manage difficult emotions
- Conflict Resolution
- Practice coping skills



- Explore new perspectives
- Encourage flexible thinking and adaptation

Cost: the group is covered by most insurance (Medicaid/ MA/ BadgerCare, Dean/ SSM, Quartz, GHC Eau Claire). Private Pay: \$25/ session

Registration forms can be found at www.foundationscc.com. Submit completed forms to either:

Fax: 608-424-9099
Email: kniekerk@foundationscc.com



For questions regarding the group, contact Kati Niekirk.



Phone: 608-669-4255



Email: kniekerk@foundationscc.com

