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Foundations Counseling Center acknowledges the effects of the systemic and long history of racism, racial trauma, oppression, and discrimination in this country that has created pain and suffering for BIPOC. Racism is a public health crisis. It is important to acknowledge that mental health systems in this country have historically and systematically not supported BIPOC through lack of access to mental health care in communities of color and providing mental health treatment that has often lacked cultural competency and humility. **We seek to follow the lead from POC in our community and on our staff when it comes to issues of cultural humility, diversity and training.** We all have implicit biases that we need to consciously work towards eradicating and it is especially important for mental health providers to do so. It is our job as therapists and mental health professionals to address the inadequacies of our social systems in combating racism and racial trauma. To do this we must be actively anti-racist in all areas of our work. Injustice is never acceptable and as mental health clinicians we have an ethical obligation to actively speak out against it.