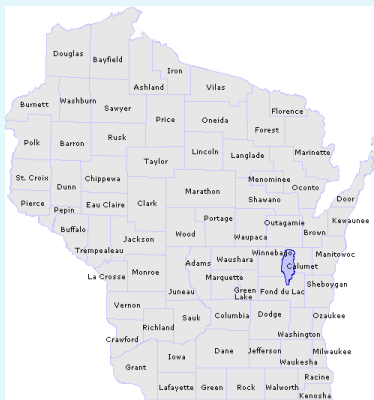




Serving the counties of:  
Columbia, Dane, Dodge, Grant,  
Green, Iowa, Jefferson, Lafa-  
yette, Marquette, Rock, and Sauk.



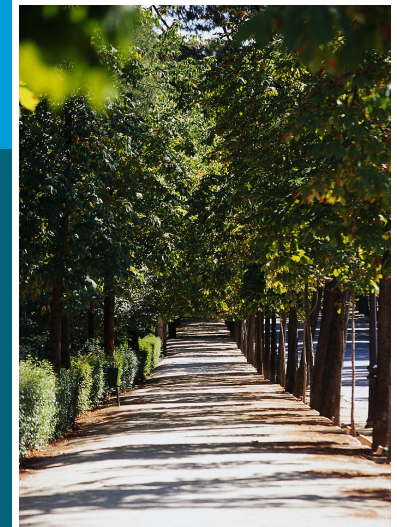
Foundations Counseling Center Inc.

619 River Street  
Belleville, WI 53508  
foundations3@frontier.com  
www.foundationscc.com  
Fax: 608-424-9099



Helping create emotionally strong, healthy  
individuals and families.

## Directory of Services



619 River Street  
Belleville, WI 53508  
Phone: 608-424-9100

## Intensive In-Home Mental Health Treatment Program

### What is Intensive In-Home Treatment?

Intensive In-Home services are designed to serve school-aged youth with emotional, mental health, or behavioral problems. Treatment services are provided to all family members. The intent of the program is to strengthen and preserve the family unit while decreasing the child's acting-out behaviors.

### When is In-Home treatment appropriate?

- \*For youth experiencing behavioral difficulties resulting in the need for services from two or more service areas such as: school special education, mental health services, county social service involvement, or other special services.
- \*For youth who may be at risk of an out-of-home placement due to abuse, neglect, delinquency, or other out-of-control behaviors.
- \*For youth getting ready to reunify with their family following an out-of-home placement.
- \*For stabilizing a pre-adoptive placement.
- \*To help maintain a long-term alternate care placement.

### What does the program cost?

Intensive In-Home services are designed for families receiving Medical Assistance and are provided at no cost to the family or referring agency. Agencies may also refer families who are not receiving Medical Assistance on a case-by-case contractual basis.

### Who can make a referral?

Anyone working or living with a youth who is experiencing emotional problems can make a direct referral. This includes, but is not limited to, county social workers, teachers, foster parents, parents, guardians, and other mental health professionals.

### What is needed before services can begin?

- \*A valid health check screen performed in the last year.
- \*A psychiatric diagnostic evaluation report performed within six months of start date by a psychiatrist, psychologist, or APNP.

### Which counties do you serve?

Columbia, Dane, Dodge, Grant, Green, Iowa, Jefferson, Lafayette, Marquette, Rock, and Sauk.

## Care Wisconsin/ContinuUS

Foundations Counseling Center Inc. has contracts with Care Wisconsin and ContinuUS to provide in-home mental health therapy and community and therapeutic resources to clients with mental health and cognitive disabilities.

### Which Counties do you serve for Care WI?

Through this contract we serve the following counties:

Columbia  
Dane  
Dodge  
Grant  
Iowa  
Jefferson  
Lafayette  
Marquette  
Rock  
Sauk



### How do I learn more about Care WI?

For information about programs and services please call 608-240-0020 or 800-963-0035.

### How do I make a referral to Foundations for a current Care WI client?

Please contact Stephani Storkson at 608 445-2656



## Outpatient Counseling

### Who can be seen by the outpatient clinic staff?

Foundations Counseling Center Inc. provides counseling and psychotherapy services to:

- \*Children and adolescents
- \*Adults
- \*Families
- \*Couples

### What type of issues are staff trained to handle?

Outpatient staff are trained to deal with all types of mental health concerns including, but not limited to:

- \*Depression
- \*Anxiety
- \*Physical and sexual abuse
- \*Stress reactions resulting from life changes
- \*Parenting problems
- \*Relationship concerns
- \*Anger management
- \*Post-divorce adjustment
- \*ADHD management
- \*Other mental health concerns

### How are outpatient services provided?

Foundations Counseling Center Inc. outpatient therapists possess a minimum of a Masters degree in a mental health field. Therapists use strengths-based perspective; incorporating cognitive-behavioral, family systems theory, behavior modification, and play therapy techniques to bring about change.

### Where are outpatient services provided?

Typically, individuals or families are seen at the Foundations Counseling Center Inc. outpatient clinic office at 619 River Street in Belleville, WI. Appointments are usually once a week for approximately 45-50 minutes each session. The length of treatment depends on the issues being brought into treatment.

### How much do outpatient services cost?

In most cases, insurance, including Medical Assistance, can be billed for outpatient services. However, there may be occasions when insurance is not available and clients may wish to pay services themselves. In these cases the clinic has a sliding fee scale which is applicable to self-paying clients. Please contact your insurance carrier to inquire about your mental health benefits.